



Date: August 20, 2018

From: Winchester Legion Branch 108

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2019

## **REPORT TO THE COMMUNITY**

# **Connected Care!**

### From babies to seniors, we are here to care for you.

In the heart of Winchester, you can find **Winchester District Memorial Hospital**, **Dundas Manor Long-Term Care Home**, the **WDMH Auxiliary** and the **WDMH Foundation**. Rounding out our 'campus of care' are health and community partners in the **Community Care Building** and the **Dillabough Building**.

Together, we have one goal – the best care close to home.

Once again this year, we are pleased to join together to report on the past year of caring. This *Report to the Community* celebrates our commitment to our local communities. It also celebrates the support that our communities provide every step of the way. Truly, neighbours helping neighbours!

Happy reading!

Good Neighbours. Great Care. Supported by a Grateful Community.



## **WDMH Proud!**

#### At Winchester District Memorial Hospital, we live by our Commitment Statement – three short statements that put into words how we care for our patients and each other. We call it Compassionate Excellence.

Here are just a few highlights of what we have accomplished this past year:

- We know from surveys and many, many compliments that our services are highly valued by our patients, their families and friends, and our community and we thank you for the feedback. The most recent survey results show WDMH continues to rank above the provincial average in patient satisfaction.
- Quality and patient safety are our #1 priority. Recent accomplishments include continued low re-admission rates, shorter lengths of stay in the ER, and 98% catheter protocol compliance.
- We have introduced new services such as a respirology clinic, enhanced cardiac services, an expanded sleep clinic, and after-hours CT service. We also continue to add to the Electronic Hospital Record to help transform the way we deliver care.
- We are proud of our awards and achievements. For example, our Pharmacy and Laboratory achieved accreditation this past year. Other organizations continue to come to Winchester to learn from our successes, including our approach to caring for patients who would otherwise be designated for alternative levels of care.
- We have provided more education sessions than ever before to staff, physicians and volunteers to increase our skills. We shared our knowledge through community outreach activities, by presenting our work at conferences and publishing the results of WDMH research.
- Collaboration with health and community partners ensures we are all working together to provide the best care close to home. With further health reform underway, there will be even more opportunities to work together.

And we are looking forward as well. To guide our work over the next few years, WDMH has a new Strategic Plan. It was developed by a Strategic Planning Steering Committee composed of staff, physicians, volunteers, and patients, in collaboration with the WDMH Board of Directors. The process included extensive research and consultation.

This Strategic Plan reconfirms our team's commitment to patient and family-centred care. It sets our path and our priorities, with a focus on four central themes: Quality/Services, Our People, Partnerships/Integration and Accountability.

#### We are WDMH Proud!



### Howdy Neighbours!

#### Welcome to our 2019 Report to the Community.

There is a saying that 'it takes a village' and we have amazing ones throughout our region. In the village of Winchester is our 'campus of care', where where health and community partners work together to look after our local communities.

We are proud to share some highlights from the past year of caring. And we welcome your feedback on how we are doing.

Thanks for your interest and support!

Mike Villeneuve WDMH Board Chair

Bill Smirle Dundas Manor Board Chair

Lynn Dillabough & Elinor Jordan *WDMH Auxiliary Co-Chairs* 

Tom Dawson WDMH Foundation Board Chair



## Your Health Care – Right Here

WDMH is a full-service hospital that responds to the needs of our local communities from childbirth to care for seniors. We are a hub site for cancer care, dialysis and cataract surgery and offer specialty clinics with visiting specialists.

Speak with your family doctor about receiving care close to home at WDMH.

## **Emergency** Our ER is open 24 hours a day, seven days a week.

#### **Diagnostic Imaging**

- Bone Mineral Density
- CT ScansFluoroscopy
- Mammography (Digital)
- Ontario Breast Screening Program
- (Regional Program)
- Ultrasound
- X-Ray

#### Cancer Care

- Breast Care Program
- Cancer Coach
- Chemotherapy (Regional Program)
- Imaging
- Breast and Colorectal Surgery
- Sentinel Node Biopsies

#### Cardiac Services ECG

- Ech
- EchocardiographyHolter Monitoring
- Stress Treadmill

#### Complex Continuing Care

#### Dialysis (Regional Program)

#### **Inpatient Services**

- Laboratory
- WDMH Specialized Tests

## Dynacare Blood & Medical Test Lab Obstetrics – Full-service care including

24/7 pain management provided by obstetricians, family medicine obstetrics and midwives.

**Ophthalmology** – Eye care services including cataract surgery.

#### **Specialty Clinics & Programs**

- Cardiology
- Clinical Nutrition
- DeprescribingDiabetic Education
- Ear, Nose & Throat
- Endocrinology
- General Medicine
- Infectious Diseases
- Low Vision
- Mental Health
- Nephrology
- Neurology
- Occupational Therapy
- Physiotherapy
- Psycho-Geriatrics (Regional Program)
- Pulmonary Function Testing
- Restorative Care
- Rheumatology
- Sleep Lab
- Urology

#### Surgery

- Bowel
- Colonoscopy
- Cystoscopy
- Ear, Nose & Throat
- Gallbladder
- General
- Gynecology
- Hernia Repair
- Plastics, including reconstruction surgeries
- Urology

**Telemedicine** – Many of WDMH's programs and clinics are offered via telemedicine such as Infectious Diseases, Mental Health, Oncology, Pain Clinic and Respirology.

#### **Community Partners On-Site**

- Addictions
- Bayshore Home Care Solutions
- Eastern Ontario Health Unit
- Gamma Dynacare Lab
- Health Link
- Home & Community Care
- Job Zone d'Emploi
- Mental Health & Addictions
- Ministry of Transportation Seniors Driving Education
- North Dundas Medical Clinic
- Ontario Early Years Centre
- Ontario Works
- Robillard Hearing Centre
- Summers Physiotherapy and Gym

**Reducing Harm** 

"I wasn't feeling well and was taking a lot of medications. My health just spiraled. The team in Winchester took the time to figure things out. In doing so, they gave me time to become whole again."

A Grateful Patient of the Deprescribing Program

Medications that were good then, might not be the best choice now. That is the theory behind a new program offered at WDMH. It is called 'deprescribing' and it is the planned and supervised process of reducing or stopping medication that might be causing harm, or is no longer beneficial.

Eligible patients for this program are assessed by a multidisciplinary team at WDMH. Our pharmacists consult the patient's family doctor, specialists and pharmacies throughout this process. From there, medication changes are made and patients are monitored carefully. The team follows up with the patient regularly post discharge. Other supports such as physiotherapy can also be arranged.

WDMH's ground-breaking deprescribing service is getting noticed and other health care centres are adopting our model. It is just one of several new restorative and rehabilitation programs at WDMH, designed to support seniors and other patients who are recovering from, or waiting for, specialized care.

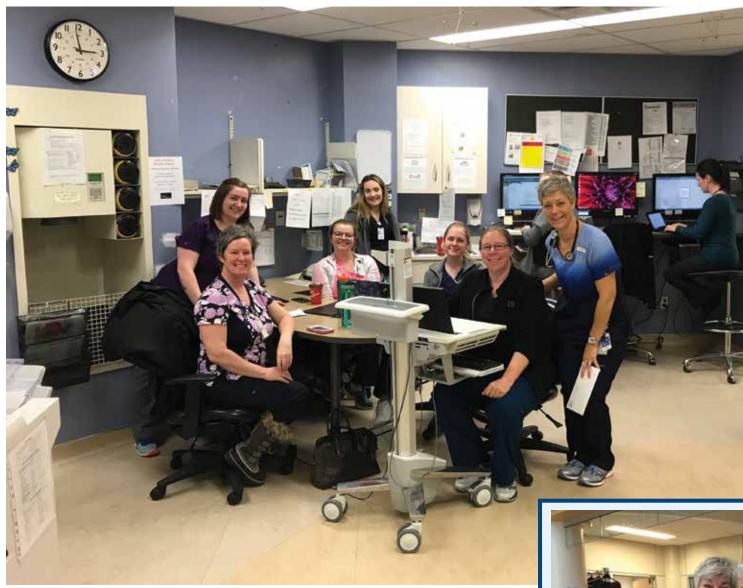


# **A Commitment to Our Patients**

When we speak about WDMH Pride, we can't help but talk about the committed team of close to 1,000 staff, physicians, volunteers and learners who care for our patients every day.

WDMH spirit is alive through our Recreation Committee events, annual Service Awards and our new Commitment Committee. As well, we shine a light on those who go the extra mile to demonstrate the values that result in Compassionate Excellence - through the Commitment Awards. This past year, we recognized 12 individuals and teams with the award.

A sincere thank you to all of them who contribute their expertise, passion and commitment to our patients, our hospital and our community.



# Valuable Advice

**Our Patient and Family Engagement Committee (PFEC)** ensures the patient voice is heard in everything we do from the development of patient materials; to participation on quality teams; to even sitting on new employee interview panels. This past year, the PFEC provided input and feedback on topics such as advance care panning, safety in the workplace, ethical dilemmas, quality measures and our Patient Declaration of Values.

To ensure our patients are at the centre of everything we do, we need to hear from them. Thank you to these insightful volunteers.



## **Much More Than a Helping Hand**

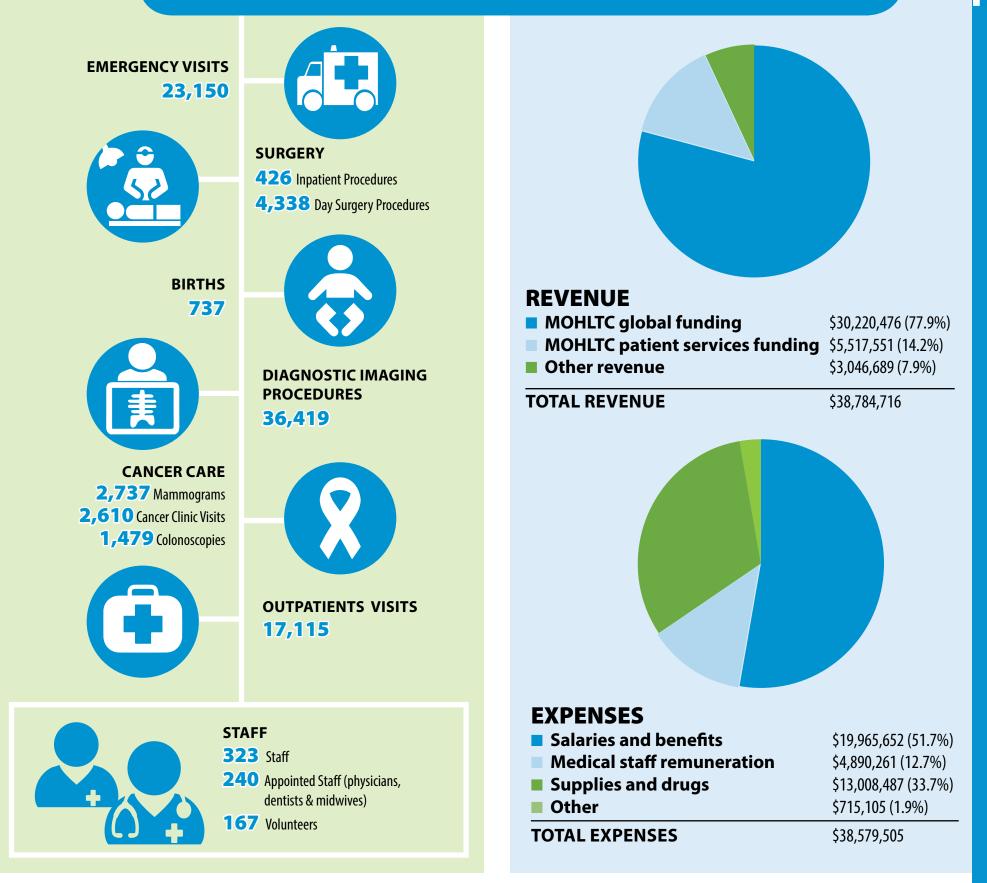
**The WDMH Auxiliary continues to amaze!** There are 167 volunteers and they provided more than 13,000 hours of service last year. They impact every area of the hospital – every day. We are so grateful to these women and men in blue. As a founding partner of WDMH, the Auxiliary consists entirely of volunteers with the unified goal of supporting high quality patient care.

The Auxiliary also raises funds for vital equipment needs. This past year, the volunteers went above and beyond with a donation of \$116,154.60 for a new ultrasound machine for Diagnostic Imaging. Funds were raised through events, In-Memoriam gifts and Gift Shoppe sales.

For more than 70 years, the WDMH Auxiliary has been supporting patients, staff and our community, lending a helping hand wherever needed. Thank you to our Auxiliary – we couldn't do what we do without you!



# **BY THE NUMBERS 2018 - 2019**



### What A Team

WDMH is governed by a Board of Directors made up of volunteers from our local communities. Board members have a passion for health care and good governance practices, and an understanding of their local communities. We thank them for their commitment of time and expertise.

Mike Villeneuve, Board Chair Marieke vanNoppen, Past Chair James Pitruniak, Vice Chair Bruce Millar, Treasurer Andrew Barrett Renée Belhumeur Holly Brown Elise Guest Michelle Perry John Trickett Shawn Sutton David Wattie Dr. Darren Tse, Chief of Staff Dr. Marilyn Crabtree, Vice President, Medical Staff Lynn Dillabough, Co-Chair, WDMH Auxiliary

Elinor Jordan, Co-Chair, WDMH Auxiliary Tom Dawson, WDMH Foundation Board Chair Lynn Hall, Chief Nursing Executive & Professional Practice Leader Cholly Boland, Chief Executive Officer



## **A Year of Celebration**

There is nothing more fun than a 365-day party – and that is exactly what we had at Dundas Manor. We commemorated 40 years of family, complete with a new song and video and an extra-special Strawberry Social to mark this important milestone. Then we continued the party all year long.

Together, we have much to celebrate. Here are just a few highlights from the past year:

In addition to achieving full Accreditation with Exemplary Standing (see story at right), we also successfully completed several Ministry of Health and Long-Term Care inspections. And our residents told us we are doing a good job through the annual satisfaction survey.

Quality and safety are a priority. We're improving quality in all aspects of care and caring for our residents here at home with fewer resident transfers to the emergency department. We also continue to make improvements to our residents' dining experience. And last August, we staged a mock evacuation to ensure we are prepared for any type of emergency.

We're listening. The Residents Council is involved in every aspect of the home. A Leadership Team, which includes residents from throughout the home, is elected to lead the way. Our Resident Food Committee continues to meet every month. Our RN Resident and Family Care Coordinator provides a first point of contact for residents and families.

Dreams really do come true at Dundas Manor! Our Activity team keeps things fun with programs, events and celebrations. Our Dreams Come True program includes everything from visits to family farms to Victorian tea parties to KISS concerts – yes, two Dundas Manor residents attended the rock concert in Ottawa!

We are committed to education and research. Staff participate in continuing education and we recently welcomed a Master's degree student who is completing her thesis on the Cycling without Age BRAD-LEE bike program. If you see our residents out for a ride in the neighourhood, please say hello.

Every day, the Dundas Manor team works hard to ensure the very best care for our residents.

Thank you for letting us be part of your family!







### **Exemplary Standing!**

Eileen Laperriere moved to Dundas Manor last spring and says it's a great place to call home. "It is #1. I am happy to live here," she says. In September 2018, a detailed external review agreed. Dundas Manor was awarded Accreditation with Exemplary Standing from Accreditation Canada.

This is the highest level of Accreditation and is awarded to organizations that go beyond the requirements and demonstrate excellence in continuously improving resident care. And we couldn't be prouder! The surveyors confirmed that Dundas Manor met 541 of the 548 standards necessary for high quality care. That's 99%! The Manor also met 100% of the essential practices that organizations must have in place to ensure resident safety and minimize risk.

"Thank you to each resident, staff member, physician, family member, volunteer and community member who was part of the Accreditation process," noted Board Chair Bill Smirle. "We know that Dundas Manor is an amazing place and this type of vigorous review just confirms it!"

### We Are Ready

**F**or more than four years, the Dundas Manor Board of Directors has been working with residents, families, staff members and our local community to plan for the new Dundas Manor. It will transform the look and feel of the residence to create a truly home-like environment where we can also welcome thirty additional residents. We continue to work with Ministry officials and anxiously await formal approval to move ahead.

We are ready! Preliminary designs are complete, with input from residents and families. The new home will improve quality of life with more accessible space and larger windows. Outdated four-bed rooms will change to two. And the new home will also address the need for greater individualized and resident-directed care.

Our goal is to create a modern, comfortable and restorative place for residents to live. Long-term care homes are truly people's homes. We are excited to be planning a new home while still retaining the cozy, country feel that Dundas Manor is known for. Our residents deserve nothing less.

## We Are One Family

**D**uring Dundas Manor's successful accreditation process last fall, the surveyors noted: "Many staff are long-term, skilled, and experienced employees who clearly love and are dedicated to the residents who live at Dundas Manor. Many describe working at The Manor as being part of 'a family'."

We couldn't agree more. Dundas Manor's commitment statement speaks to one family and the importance of enriching the lives of our residents by nourishing mind, body, heart and soul.

Take our Personal Support Workers for example. We have a dedicated team – some celebrating 35 years of service at Dundas Manor and many others who have just come on board. Personal Support Workers (or PSWs for short) focus on direct care that is individualized and provides each resident with respect and dignity. PSWs know the very specific likes and dislikes of each resident and are trusted caregivers around the clock. They are the heart of our home and the care they provide is second to none.

Thank you to the entire Dundas Manor team – it's truly a family affair.





### **We Love Our Volunteers**

Thank you to our amazing volunteers, including those who share their time and expertise as members of the Board of Directors.

Bill Smirle, *Chair* Lisa Little, *Vice Chair* Mike Barclay, *Treasurer*  Jim Annable Jan Clapp Eldon Horner Blair MacPherson Peter Sorby Doug Thompson







# **By the Numbers** 2018-2019

Revenue\$6,888,889Expenses\$6,968,306Staff125Physicians11Nurse Practitioner1Volunteers62

To learn more about Dundas Manor, please visit www.dundasmanor.ca . And don't forget to like us on Facebook and Twitter too.

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# **Only Because of You!**

**Every year, we continue to be amazed by the generosity of our local communities.** The WDMH Foundation works with caring donors to help ensure that WDMH can achieve its goal of compassionate, excellent care – close to home. Care close to home is important and valued by many people in our communities.

Not everything WDMH needs to provide this compassionate care is funded by the provincial government. By working with donors, the WDMH Foundation helps fill these gaps in funding for programs, projects and much-needed medical equipment.

Many people are surprised to learn that the provincial government does not fund the purchase of medical equipment for Ontario hospitals. Only because of you are we able to ensure that the WDMH team has the equipment that it needs to care for patients and families.

This past year, there were 4,515 gifts to the WDMH Foundation, and we were able to support the purchase of 19 new pieces of equipment, totaling \$593,317. Wow! Thank you so much for your support!



### **19 Pieces of New Equipment for WDMH!**

All these items were funded from WDMH's Highest Priority Medical Equipment List. It identifies new equipment that is needed or existing equipment that needs to be replaced.

#### Echocardiogram Machine – Cardiac Care

The new echocardiogram machine has allowed WDMH to expand its services to include contrast and stress echocardiograms. In the first 8 months of operation, almost 1,000 tests were performed.

\$150,360.09

#### Three Anesthetic Machines – Operating Room

These machines keep our patients safe in the Operating Room by monitoring them and keeping them asleep. The new machines have been used in 3,313 procedures this past year.

"The machines are smaller, easier to move and more ergonomic. And the displays are easy to read and adjustable which helps us see the vital signs more clearly," notes Dr. Lucas Gil, former Chief of Anesthesiology



#### **Two BiPAP Machines – Enhanced Care Unit & Emergency**

Imagine being unable to take a breath. These machines help patients breathe by pushing air into the lungs. They are non-invasive ventilators, which don't require having to insert a tube into a patient's body.

\$56,590.66

#### **Ophthalmology Microscope – Operating Room**

The new microscope is used for cataract and strabismus eye surgeries. It acts as a very high intense magnification that the eye surgeon looks through at the same time as performing the surgery.

\$94,731.21

#### **Three Patient Beds – Complex Continuing Care Unit**

The WDMH team works hard to keep patients mobile. But if they need to stay in bed, we have specialized ones to provide the very best care.

"The new beds have many special features that are very beneficial for our patients and help make it easier for us to care for them," notes Team Leader Sean Burnett. "Thank you to the generous donors who helped provide this specialized equipment."

#### \$34,724.12

#### **Bladder Scan Machine – Complex Continuing Care Unit**

This non-invasive portable tool is used to diagnose, manage and treat urinary problems. It can reduce unnecessary use of urinary catheters.

#### Stretcher – Morgue

This specialized stretcher is discrete and respectful.

\$6,802.87

\$5,603.95

#### **Procedure Chair – Emergency**

Patients coming to the Emergency Room will be a little more comfortable, thanks to this new procedure chair. The chair is used when patients require a cast or stitches.

"The old chair was from the 1990s and it helped fix up many people over the years," says Team Leader Shannon Horsburgh. "The new chair offers many improved features. It moves electronically with foot pedals. It can go quite low to the ground so it's easy for everyone to sit in. It can also move more into a bed-like position and even tilts back for those who might feel a little light-headed with the ordeal of getting stitches or a cast."



#### **Two Patient Recliners – Chemotherapy Unit**

We're making cancer treatment a little more comfortable. Thanks to our donors, chemotherapy patients are benefiting from two new comfortable, ergonomic chairs.

\$4,715.98

#### Two Portable Workstations, an iPod® & Speaker – Chemotherapy Unit

The new workstations are portable so orders and blood work can be verified with patients right at their chair. Patients can also enjoy music of their choice during treatment.

# A Boogie Wonderland!

*Cory and Jo-Ann Houle seem to sum up the night – striking a* pose at the Saturday Night Fever Disco Gala, held on June 16, 2018 at the Winchester Community Centre.



"We had a fabulous time," notes Jo-Ann Houle, owner of Cup of Jo's in Winchester. "The band was absolutely amazing, and we couldn't sit down because it was one hit after the other! We also loved the dinner. Congratulations on an evening well done!"

We can't thank our local communities enough for their support. Everyone made a difference - our sponsors, our volunteers, all those who donated auction items and everyone who attended the event. A special thank you to our honorary chairs Tom and Jan Clapp.

More than \$60,000 was raised to support patient care!

## How Can I Ever Thank You?

We are honoured when patients and families ask how they can thank a health care provider. If a member of the WDMH team has played a meaningful role in your care, you may want to consider thanking them with a donation to the WDMH Foundation. It's called the 'Honour Your Caregiver' program. The honoree will be notified and given a special recognition pin.



# **Let It Snow!**

wonderful tradition continued with The Judy Lannin Achristmas Wish Tree. Students from Morrisburg Public School made 467 empathy cards for patients, residents and staff at WDMH and Dundas Manor. And then they helped flip the switch to light up the giant, decorated tree in the hospital lobby.

This program provides an opportunity to make a donation in memory, or in honour, of someone near and dear to your heart. For those of us who have made an in-memoriam gift, we are missing someone from our lives. But they are always there, in our hearts and in the back of our minds. For those of us who have made a gift in honour of someone, we are grateful to know you, and we value you more than you will know. We each have our own way of remembering, reflecting, showing appreciation, and caring. Thank you.

This year, 379 gifts were received, totalling \$33,000. Funds have been directed to the Family Care Fund – 'supporting families just like yours'. In the last 21 years, more than \$974,000 has been raised for health care close to home. What a wonderful festive tradition!



This past year, 49 gifts were received, raising \$15,000 to support patient care. Thank you to those who believe that the greatest compliment you can give is to make a donation.

# **Great Stories!**

**From bocce ball tournaments to Smile Cookies to cow races down Main Street**, we've seen it all! Our generous local communities want to support their local hospital and they do it in amazing and creative ways.

Thank you to everyone who has shared their story and their time to fundraise for the WDMH Foundation. In all, there were 22 events organized by our community this past year, resulting in donations totaling \$74,109.33. On top of that, other individuals, groups, businesses and organizations chose to support the Foundation with a generous gift.

Thanks everyone!





\$1500

One throusand for hundred dollars

## **Planting A Seed**

Grow your impact! Each month, **members of** Lynne's Club show their support through a giving program that keeps on growing. Lynne's Club was created in honour of Lynne Wilson, a previous Managing Director of the Foundation who passed away in June 2006. The monthly giving program builds upon Lynne's love of gardening with members from Seed to Flower levels.

Giving is easy and convenient. Plus, donors receive special benefits and recognition.

Thank you to the 148 active members. The program has raised an amazing \$271,242 since it began in 2011.



Flower Level Members: The Boland Family Dr. Chuck Su Stan & Betty Vanden Bosch

Warmth Level Members: Lyle & Gloria Byers Kristen Casselman

### **Sunshine Level Members:**

Mr. & Mrs. George & Margaret Countryman Christine Cross-Barkley Dr. Marilyn Crabtree & Mr. Richard K. Gilmer Mr. & Mrs. Gord Fetterly Dwayne Holmes Robert & Patricia Stewart Karen Thompson Mr. & Mrs. Stephen Wells



## **Your Life's Legacy**

**Your life's legacy is so important.** Every year, the Foundation is honoured to be the beneficiary Y of planned gifts. Planned gifts include bequests (through a will or estate), life insurance, shares or securities and registered assets.

This past year, the Foundation received 9 planned gifts totaling \$977,902.55. These gifts are a way for donors to help make their hopes and dreams for WDMH come true. Everyone who makes a legacy gift to the Winchester District Memorial Foundation is welcomed into our Society for Compassionate Care. Forever. It's our way of honouring your generosity and commitment to local health care. Many thanks to these donors – and those who have already planned a gift benefiting the hospital.

### If you'd like to learn more, visit www.wdmhfoundation.ca/aboutplannedgiving

## Community **Volunteers**

Thank you to the WDMH Foundation Board for your commitment of time and talents this past year. We are grateful to have this group of community volunteers helping to guide the WDMH Foundation. Our current **Board includes:** 

Tom Dawson, Chair Peter Krajcovic, Vice Chair Bruce Millar, Treasurer Tina Asselin **Christine Chevalier** Laura Fletcher

Tod King

**Gilles Roy** 

**Mike Villeneuve** WDMH Board Chair

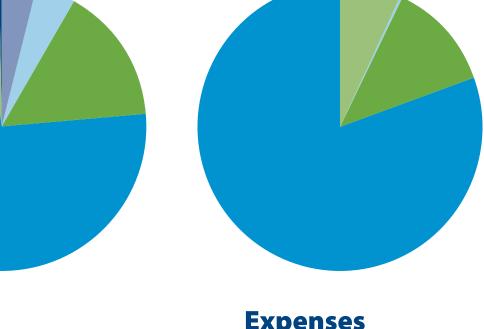
> **Cholly Boland** WDMH CEO

Elinor Jordan WDMH Auxiliary Co-President

Lynn Dillabough WDMH Auxiliary Co-President







### Revenue

TOTAL	\$1,534,691
Investments	\$1,789
Other Revenue	\$29,766
Other Donations	\$1,140,126
Direct Mail	\$234,058
Third Party Events	\$68,245
Signature Events	\$60,707

### **Expenses**

TOTAL	\$431,174
<ul><li>Direct Mail</li><li>Other</li></ul>	\$53,661 \$346,236
Third Party Events	\$729
Signature Events	\$30,548

### **Disbursements to WDMH**

This year, the Foundation was pleased to transfer \$627,544 to WDMH. For full financial statements, please contact the Foundation office or visit www.wdmhfoundation.ca





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**Care Close to Home** 





# Let's Keep In Touch!

### Winchester District Memorial **Hospital & Auxiliary**

566 Louise Street Winchester, Ontario KOC 2K0 613-774-2422 info@wdmh.on.ca www.wdmh.on.ca

## Want to Learn More?

If you'd like to keep up-to-date on what is happening with local health care, sign up for one of our e-newsletters – CONNECT for WDMH and Because of You for the Foundation. All the news will be delivered right to your inbox.

Visit www.wdmh.on.ca and www.wdmhfoundation.ca and click on the front page icons to sign up.

> **Good Neighbours. Great Care.** Supported by a Grateful Community.

> > Louise Street

**Fred Street** 

**Clarence Street** 

**2019 REPORT** 

### **Dundas Manor**

533 Clarence Street Winchester, Ontario KOC 2K0 613-774-2293 info@dundasmanor.ca www.dundasmanor.ca

### Winchester District Memorial **Hospital Foundation**

566 Louise Street Winchester, Ontario KOC 2K0 613-774-2422 ext. 6169 foundation@wdmh.on.ca www.wdmhfoundation.ca

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